

Intramural Sports, Recreation Complex, Gym and Workout

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The Intramural Office is located in the Recreation Complex with office hours from 8:00 a.m. until 4:30 p.m. *Intramural* sports programs provide outlets for the physical and recreational talents of the student body. Intramural contests are held in flag football, basketball, softball, volleyball, tennis, badminton, free throw, table tennis, swimming, golf, horseshoes, pool, racquetball, and water polo. Awards and recognition are given to student winners. Students enter competition representing fraternities, sororities, dorms, school clubs, organizations, religious student centers, and independents.

McNeese State University is not responsible for any injury which a student receives in any intramural activity. Students engage in these activities at their own risk.

Recreational facilities include: a 50-meter swimming pool, steam/sauna room, shower/locker rooms, four racquetball courts, three full-length basketball courts, 8,000 square foot wellness center, 200-meter indoor track (four lane), equipment rental options, 12-acre intramural playing fields, and outdoor tennis courts.

Hours of operation are posted, but are typically noon-9 p.m. Monday-Friday and noon-6 p.m. Saturday and Sunday. A valid McNeese ID is required for admission.
